

El Supremo's Sedlescombe Herne Bay Permanent 200

Dear Rider

Thank you for entering this Audax UK Permanent event, originally created by Dave 'El Supremo' Hudson.

Category 2 Advisory route Permanent Events (Validation by GPS track or E-Brevet as proof of passage (PoP) only)

"You must use electronic proof of passage (GPS or E-Brevet- AB12) for this event." If you wish to use physical PoP and a Brevet card, please contact the organiser directly before entering to discuss.

For these events you will see two entry buttons - Choose either "Enter by GPS" or "Enter Online"

Advise me 24 hours BEFORE you ride this event.

The route sheet is taken directly from the original route sheet created by Dave but in a format that includes cumulative KMs and if cut/folded along guidelines fits into 100 x 140mm Self Seal bags.

Control	Description
Sedlescombe (Start)	Village Shop opp Clock House (Open Mon to Sat 06:00 to 16:00, Sun 08:30 to 12:30), The Queens Head Pub, or Brickwall Hotel & Restaurant (if nothing else). Public Toilet in Brede Lane Car Park
Brenzett	Shell Petrol Station Shop (Open Mon to Sun 05:00 to 22:00). ATM Outside, plus Toilets
Hythe	BP Petrol Station Shop (Open Mon to Sat 06:00 to 23:00, Sun 07:00 to 23:00). ATM Inside. No Toilets. Sainsbury Store, or Café by the Light Railway
Sandwich	Co-op Supermarket, (Open Mon to Sat 08:00 to 22:00, Sun 10:00 to 16:00). ATM outside, plus Toilets inside.
Herne Bay	Texaco Petrol Station and Londis Shop (Open Mon to Sun 06:00 to 23:00). Other shops and outlets including Banks ATM
Tenderden	Banks ATM and other outlets
Sedlescombe (Finish)	Village Shop opp Clock House (Open Mon to Sat 06:00 to 16:00, Sun 08:30 to 12:30), The Queens Head Pub, or Brickwall Hotel & Restaurant (if nothing else). Public Toilet in Brede Lane Car Park

Route

Stage 1 (29km): Climbing out of Sedlescombe we head towards Bredebefore heading to Rye. From Rye we continue on the levels to Brookland and our first control in Brenzett.

Stage 2 (21km): Continuing over the levels we now head towards Hythe control via Newchurch.

Stage 3 (35km): Leaving Hythe we initially have some serious hills to tackle. We are soon passing through Newington, Lydden, Coldred, Eythorne, Eastry and Woodnesborough before we arrive in Sandwich for the next control.

Stage 4 (26km): Retracing back to Woodnesborough we soon turn Northerly passing through Ash, Elmstone, Preston, Grove and Chislet before we descend into Herne Bay and our next control.

Stage 5 (39km): We now return to Hythe skirting Canterbury before a long section to Saltwood and the final descent into Hythe and its control.

Stage 6 (31km): Another climb out of Hythe towards Ham Street before we continue to Tenderden and our next control.

Stage 7 (24km): Final stage takes us through Rolvenden, Sandhurst and Staplecross before we arrive in Sedlescombe and our final control.

Notes

This Permanent Event is for experience cyclists who will be aware of the following:

- Have familiarised themselves with the route before the event, ensuring competence and fitness to complete the course, roadworthiness of their bike and possession of adequate cycle repair equipment, spares and skills.
- During the event, riding safely, according to the rules of the road and personal capabilities, and taking responsibility for personal feeding, warm clothing and rest periods, especially at night.
- Personally, deciding not to continue if feeling unwell or too tired.
- As with any journey on public roads being aware of and allowing for highway design and maintenance, other road users (especially horses), busy traffic conditions, the state of disrepair of the surface (potholes, trenches, ironwork etc.), debris, obstruction of all kinds, poor or non-existent lighting on night sections and oncoming headlights.
- As some roads could be high and exposed, with hills that could be steep and strenuous, carrying adequate food, drink, clothing and equipment for any conditions.
- Preparing the bike (and rider) and carrying spares and tools and knowing how to use them.
- In the event of bad weather, making a personal decision over starting or continuing.
- Being equipped to deal with bad conditions
- Making private arrangement if rescue facilities are wanted. (The CTC have a Rescue Scheme that could be considered if you are likely to be unable to summon your own assistance).

- Being adequately rested before travelling home after finishing an event.
- As with all Audax UK rides you are always on a private excursion on the public highway and responsible for your own conduct.

GPS Validation

After the event go to the "Upcoming and Pending Events" section on your dashboard (the screen you see when you first login) and look for your ride. Expand the arrow to find the upload link for your track.

▼	Fri 25 Feb 2022	Gwynedd Traverse 200	200km (203km)	N/A	from Caernarfon (or anywhere on route)	Entered	View			
^	Fri 25 Feb 2022	Gwynedd Traverse 200	200km (203km)	N/A	from Caernarfon (or anywhere on route)	Entered	View			
Event No:	JHA27	Category:	PERMANENT	Points:	2	AAA:	0	Event Type:	Permanent	Upload Link for GPS track

You can upload the following file types:

- gpx
- tcx
- fit (which will be converted to tcx before processing)
- zip (multiple gpx or tcx files)

The uploader link is specific to a particular entry - you can't use it for any other event, or for a second entry on the same event.

There is a file size limit of 1Mb.

Wahoo fit file are not accepted, because Wahoo have recently moved to a new fit2 format. Zipped fit files may also cause problems even if they seem to have uploaded correctly.